# GWENT SWORD CLUB news

July 2007

## **Open day**

Gwent Sword Club needs as many fencers as possible to attend the Newport International Sports Village open day this Sunday, July 15, 2.30pm-5pm.

We have full use of the ancillary hall at Newport Tennis Centre (next to the new pool) for the open day, where we will be giving demonstrations and try-outs to anyone who may be interested in fencing. Individual lessons will also be available, as will fencing on the box if you have breeches. Please come along and support this event - it's a free 2.5-hour club session - and bring your friends and family to try out fencing for free. Other sports clubs will also be showcasing their activities.

#### **Coaching qualifications**

Next season's coach education programme has been announced by Welsh Fencing. The next exam date is December 1, in Cardiff.

Any fencers who would like to work towards the basic Level 1 coaching qualification, please see Colin Hyndman. Funding is available to cover the Level 1 foil course.

#### **Forthcoming competitions**

July 21-22: UK Championships, Sheffield August 24-27: School Games, Coventry September 1: Essex Open September 8: Leon Paul Junior Series Leicester foil September 15: Bristol Open September 22: Shropshire Open September 29: British Youth Championships foil qualifier, Cardiff September 30: British Youth Championships epee and sabre qualifiers, Cardiff For all club members under 18 on 1.1.08, the LPJS and BYC competitions are recommended; for senior members new to competition, the Shropshire Open is recommended. See any club official or regular competition fencer for more details.

#### First-aid course

Welsh Fencing is running a first-aid course specific to fencing at Llanidloes on September 23 costing just £5. Full details are on the Welsh Fencing website <u>www.welshfencing.org</u>

### **Beginners**

If you know anyone who wants to start fencing, there are summer camps organised in Newport and Caerleon later this month for 11-16-year-olds (contact Peter Russell 01633 432933), plus a new beginners' course for over-16s in Chepstow in September (see <a href="https://www.gwentswordclub.co.uk">www.gwentswordclub.co.uk</a>). Better still: if you know anyone interested in trying fencing, bring them along to Sunday's open day in Newport!

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